

# Endocrine System

## Pancreas

**Pathophysiology:** an organ in the body containing alpha and beta cells that produce both endocrine and exocrine function

- **Alpha cells:** secrete glucagon
- **Beta cells:** secrete insulin
- **Endocrine function:** hormones assist body with metabolism
- **Exocrine function:** secretion of enzymes to help assist with food digestion



## Diabetes

**Pathophysiology:**

- DM 1: there is insufficient insulin
- DM 2: there is insulin resistance

**Causes:**

- DM 1
  - Past viral infection
  - Genetic predisposition
- DM 2
  - Poor lifestyle choices

**Signs & Symptoms:**

- Increased urine
- Increased hunger
- Increased thirst
- Increased fatigue
- Blurred vision (early onset) that can lead to chronic complications
- Pins/needles feeling in the feet
- Unexplained weight loss (DM1)

## Prevention

- Glucose control
- Diet
- Exercise
- Medications
- Urine testing for ketones

**REFER TO DM1 & DM2 CARE PLAN FOR DETAILS**

## Why is it important?

- Poor diabetic control can lead to heart and vessel damage, kidney failure, and nerve damage.



## Diabetic Sick Day Rules

- Monitor blood glucose every 4 hours
- Test urine for ketones (>240 mg/dL)
- Continue to take medications unless a provider says otherwise
- Increase fluid intake to prevent dehydration
- Eat meals at regular times

**CALL DOCTOR IF:**

- Persistent N/V/D
- Moderate to high ketones
- Blood sugar >250 and not responding to insulin
- Illness longer than 2 days
- Fever 101.5 or higher for more than 24 hours

## Risk Factors

- Hypertension (damages the blood vessels)

# Endocrine System Study Guide Nurses

**Gail Ropelewski-Ryan**

A red circular graphic with a gradient, appearing as a partial circle or a thick curved line, located to the right of the author's name.

## **Endocrine System Study Guide Nurses:**

*Study guide to accompany Textbook of basic nursing, [sixth edition]* Caroline Bunker Rosdahl, 1995-01-01 Designed to be used by students together with the sixth edition of Textbook of basic nursing      *Study Guide for Black and Matassarini-Jacobs Medical-surgical Nursing* Elizabeth Ann Coleman, Janet E. Lord, Joyce M. Black, Sue Wyatt Huskey, Esther Matassarini-Jacobs, 1997 Consumable workbook Includes a diskette with additional NCLEX style review questions Previous edition c1993 Softcover Three hole punched with perforated pages Softcover      *Study Guide to Accompany Clinical Drug Therapy* Gail Ropelewski-Ryan, 1998      *A Text-book of Anatomy and Physiology* Jesse Feiring Williams, 1923      *Study Guide to Accompany Psychiatric Nursing* Mary Ann Boyd, Maryann Foley, 2001 This study guide offers dozens of self study exercises puzzles and review questions      *Medical-Surgical Nursing - E-Book* Susan C. deWit, Candice K. Kumagai, 2012-02-24 UNIQUE Best Practices are highlighted to show the latest evidence based research related to interventions Online resources listed at the end of each chapter promote comprehensive patient care based on current national standards and evidence based practices UNIQUE Icons in page margins point to related animations video clips additional content and related resources on the Evolve site      *Study Guide and Review of Practical Nursing* Helen Fredericka Hansen, 1958

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*Study Guide to Brunner/Suddarth's Textbook of Medical-surgical Nursing, Fifth Edition* Mary Jo Boyer, 1984

*Linton and Matteson's Medical-Surgical Practical Nursing in Canada - E-Book* Katherine Poser, Adrienne Dill Linton, Mary Ann Matteson, 2023-10-13

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*Practical Nursing Study Guide and Review* Zella Von Gremp, Lucile Broadwell, 1965

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Guide to Accompany Child Health Nursing Patricia Brown, 1987      *Medical-Surgical Nursing E-Book* Adrienne Dill Linton, Mary Ann Matteson, 2022-05-01 Provide quality nursing care for adults with medical surgical and psychiatric disorders Building upon the fundamentals of nursing Medical Surgical Nursing 8th Edition helps you master the role and responsibilities of the LPN LVN in medical surgical care The text addresses the special problems of older adult patients then covers each major disorder by body system presenting patient problems goals outcome criteria and nursing interventions As LPN LVNs do not formulate NANDA diagnoses the book is organized by patient problems rather than NANDA nursing diagnoses Written by noted educators Adrienne Dill Linton and Mary Ann Matteson this text helps you build the clinical judgment skills you need to succeed on the Next Generation NCLEX PN examination and in nursing practice      **Davis Nursing Survey**, 1961      **One Student Nurse to Another Endocrine System** Carol Gibb, 2013-12-06 One Nursing Student To Another Endocrine System Study Guide is a series of detailed notes key points and keywords for all steps in nursing This unique study guide and review is filled with important guidelines and information to supplement and improve your skills and knowledge within the Endocrine System for LPN and RN students      Drug Therapy in Nursing Diane S. Aschenbrenner, Samantha J. Venable, 2009 This text presents a totally nursing focused framework for teaching and learning nursing pharmacology and places the patient at the center of all drug administration decisions and considerations The book presents core drug knowledge using prototypes of different drug classes and emphasizes core patient variables that influence the patient's response to therapy This thoroughly updated Third Edition covers newly approved drugs has separate chapters on drugs affecting fungal and viral infections and includes more pathophysiology information FDA Black Box warnings have been added to the discussion of each prototype when applicable and safety alerts have been added to emphasize prevention of common medication errors A companion Website offers student and instructor ancillaries including NCLEX style questions pathophysiology animations medication administration videos and dosage calculation quizzes      **American Nursing Review for Critical Care Nursing Certification** Joseph T. Catalano, 1998 Presented in a clear easy to understand outline format that prepares practicing nurses to pass the exam for critical care nursing certification this book includes the latest test taking information an overview of normal anatomy an physiology assessment techniques and the most common disorders for all major body systems Two post tests gauge the reader's level of readiness for the real exam      Roach's Introductory Clinical Pharmacology Susan M. Ford, Sally S. Roach, 2010 This core text offers LPN LVN students a clear concise introduction to pharmacology focusing on basic principles and the nurse's responsibility in drug administration Organized by body system the book examines pharmacologic properties and therapeutic applications of drug classes Summary Drug Tables present generic and trade drug names uses adverse reactions and usual dosage ranges This edition has thoroughly updated drug information a new Pharmacology in Practice case study feature Nursing Alerts Lifespan Alerts Chronic Care Alerts Diversity Alerts and additional material on the nursing process Including a FREE copy of Lippincott's Photo Atlas of

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