

GIRP Progress Notes

Easy Note Taking!

GIRP Progress Note - Page 1

Name: _____ DOB: _____ Session Date: _____

Start: _____ Stop: _____ Disposition: _____

ID #: _____ Type of Note: ☐ Individual ☐ Group ☐ Other

Provider Info: _____

Participants: _____ Medication: _____

Diagnosis: ☐ None ☐ Self ☐ Others ☐ Medical ☐ Plan ☐ Initial ☐ Followup ☐ Other

Status: ☐ No Change ☐ Improved ☐ Stable ☐ Deteriorating ☐ Other

Response to TR: ☐ Engaged ☐ Unengaged ☐ Cooperative ☐ Compliant

Behavior Changes Since Last Session:

Appearance: ☐ Appropriate ☐ Inappropriate ☐ Disheveled ☐ Poor

Judgment: ☐ Excellent ☐ Good ☐ Fair ☐ Poor

Insights: ☐ Full ☐ Partial ☐ Limited ☐ None

Speech: ☐ Appropriate ☐ Stunted ☐ Rapid ☐ Pressured

Thought/Content: ☐ Hallucinations ☐ Delusions ☐ Paranoia ☐ Obsession

Thought Process: ☐ Impaired Detail ☐ Disorganized ☐ Interrupted Thinking ☐ Loose ☐ Illogical Connections ☐ False Beliefs

Mood: ☐ Depressed ☐ Anxious ☐ Irritable ☐ Angry ☐ Elated ☐ Euphoric

Behavior: ☐ Appropriate ☐ Poor Eye Contact ☐ Distract/Disturbed ☐ Hostile ☐ Agitated ☐ Easily Accommodating

Affect: ☐ Expressed ☐ Suppressed ☐ Constricted ☐ Blunt ☐ Flat ☐ Dysphoric

Overall: _____

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Name: _____

Interventional:

☐ Cognitive Restructuring ☐ Problem Solving ☐ Crisis Intervention ☐ Systemic Family Therapy

☐ DBT ☐ Mindfulness Training ☐ Positive Psychology ☐ Play or Art Therapy

☐ Group Management ☐ Problem Solving Skills ☐ Humanistic Therapy ☐ Client-Centered Therapy

☐ Roleplay ☐ Solution-Focused ☐ Trauma-Focused DBT ☐ Existential Therapy

☐ Coping Strategies ☐ Stress Management ☐ EMDR ☐ Communication Training

☐ Supportive Reflections ☐ Building Support ☐ Attachment Therapy ☐ Self-Monitoring

☐ Psycho Education ☐ Stress Management ☐ Homework ☐ Decision Clarification

☐ Other

Response:

Plan:

Next App: _____

Therapist/Provider Signature: _____ Date: _____

Fillable
Forms

Girp Progress Notes

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Girp Progress Notes:

Clinical Documentation with Children and Adolescents Amy Marschall, 2023-08-29 This book addresses the unique challenges therapists face when documenting their clinical work with children providing insight into what ethical appropriate and culturally competent practice looks like Clinical documentation is vital for ethical and legal practice and good documentation helps clinicians leave room for client centered and age appropriate interventions such as play therapy Beginning with an overview of the important considerations unique to providers working with children Amy Marschall offers guidance on all aspects of clinical documentation such as intakes treatment plans mental status examinations progress notes safety plans and more Each chapter includes specific examples of clinical situations with guidance on how to document these situations effectively With chapters on client confidentiality and telehealth as well as special attention being paid to cultural awareness including race ethnicity gender sexual orientation and socioeconomic status this book includes blank templates of treatment plans progress notes and risk assessments for therapists to use in their practice This book is essential for any mental health professional who works with children in both individual and family work including psychologists licensed clinical social workers licensed professional counselors mental health counselors marriage and family therapists play therapists school counselors and therapist interns

Individual Counseling and Therapy Mei-whei Chen, Zachary D. Bloom, 2025-03-12 The fourth edition of *Individual Counseling and Therapy Skills and Techniques* decodes the nuances of therapeutic language and helps students discover their clinical voice Lucidly written and engaging the text integrates theory and practice with richly illustrated real life case examples and therapeutic dialogues that demystify the counseling process The therapeutic skills and techniques delineated here will build students skillsets and deepen their confidence throughout the counseling process from intake to problem exploration awareness raising problem resolution and finally to termination Students will delight in the text's depth insights genuineness and accessibility as they develop and hone their therapeutic voice for clinical practice An instructor's manual PowerPoints and chapter test questions are available to instructors on the Routledge website

Treatment Planning for Person-Centered Care Neal Adams, Diane M. Grieder, 2013-10-21 *Treatment Planning for Person Centered Care* second edition guides therapists in how to engage clients in building and enacting collaborative treatment plans that result in better outcomes Suitable as a reference tool and a text for training programs the book provides practical guidance on how to organize and conduct the recovery plan meeting prepare and engage individuals in the treatment planning process help with goal setting use the plan in daily practice and evaluate and improve the results Case examples throughout help clarify information applied in practice and sample documents illustrate assessment objective planning and program evaluation Presents evidence basis that person centered care works Suggests practical implementation advice Case studies translate principles into practice Addresses entire treatment process from assessment treatment to outcome evaluation Assists in building the skills necessary to provide quality person centered culturally

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