

Hypnose et douleurs psychiques : une approche novatrice pour la gestion de la douleur



Hypnose Et Douleur Lapprentissage De Lhypnoanalgeacutesie Process

Christophe Pank

Hypnose Et Douleur Lapprentissage De Lhypnoanalgeacutesie Process:

Hypnose et Douleur Christophe Pank, 2015-07-09 Cet essai a pour objectif de proposer des exercices et des techniques la fois pour les praticiens et pour les partenaires Je ne suis pas m decin et je ne suis pas un sp cialiste de la douleur donc ce qui est propos dans cet ouvrage est un retour d exp rience et un ensemble de principes techniques qui peuvent vous ouvrir des possibles dans la gestion de la douleur Il est indispensable de voir des m decins pour les douleurs ces douleurs sont une alerte et les retirer serait nier une sonnerie d alarme dans une bijouterie Plus que de croire ceci ou cela je vous conseille de tester Vous verrez que les possibles sont plus proches que vous ne le pensez

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