

Hypnose et douleurs psychiques :

une approche novatrice pour

la gestion de la douleur



Hypnose Et Douleur L'apprentissage De L'hypnoanalgesie Process

Christophe Pank



Hypnose Et Douleur L'apprentissage De L'hypnoanalgésie Process:

Hypnose et Douleur Christophe Pank, 2015-07-09 Cet essai a pour objectif de proposer des exercices et des techniques la fois pour les praticiens et pour les partenaires Je ne suis pas médecin et je ne suis pas un spécialiste de la douleur donc ce qui est proposé dans cet ouvrage est un retour d'expérience et un ensemble de principes techniques qui peuvent vous ouvrir des possibilités dans la gestion de la douleur Il est indispensable de voir des médecins pour les douleurs ces douleurs sont une alerte et les retirer serait nier une sonnerie d'alarme dans une bijouterie Plus que de croire ceci ou cela je vous conseille de tester Vous verrez que les possibilités sont plus proches que vous ne le pensez

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