

EXERCISE

9

The Axial Skeleton

Objectives

- Name the three parts of the axial skeleton.
- Identify the bones of the axial skeleton, either by examining isolated bones or by pointing them out on an articulated skeleton or skull, and name the important bone markings on each.
- Name and describe the different types of vertebrae.
- Discuss the importance of intervertebral discs and spinal curvatures.
- Identify three abnormal spinal curvatures.
- List the components of the thoracic cage.
- Identify the bones of the fetal skull by examining an articulated skull or model.
- Define fontanelle, and discuss the function and fate of fontanelles.
- Discuss important differences between the fetal and adult skulls.

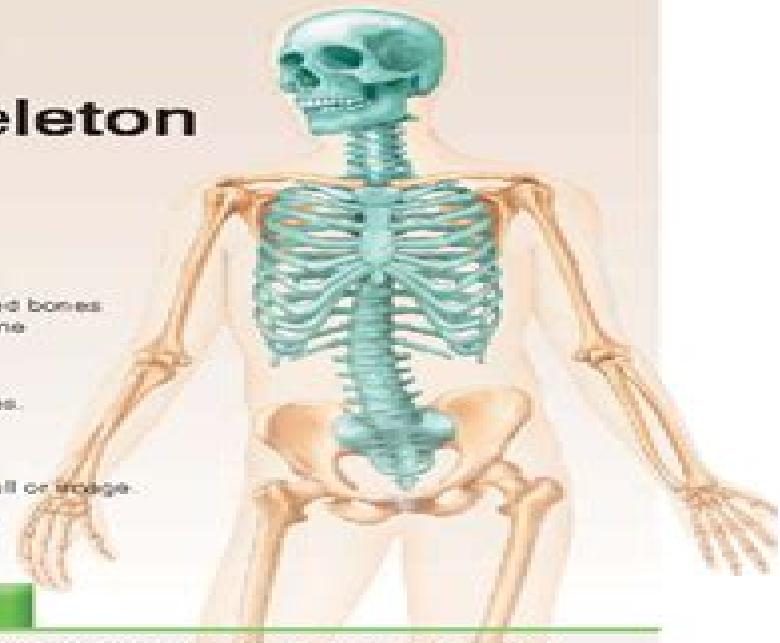
Materials

- Adult skull and fetal/canine skull
- X-ray images of individuals with scoliosis, lordosis, and kyphosis (if available)
- Articulated skeleton, articulated vertebral column, removable intervertebral discs
- Isolated cervical, thoracic, and lumbar vertebrae, sacrum, and coccyx
- Isolated fetal skull

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Pre-Lab Quiz

1. The axial skeleton can be divided into the skull, the vertebral column, and the
 - a. thoracic cage
 - b. femur
 - c. hip bones
 - d. humerus
2. Eight bones make up the _____, which encloses and protects the brain.
 - a. cranium
 - b. face
 - c. skull
3. How many bones of the skull are considered facial bones? _____
4. Circle the correct underlined term. The lower jawbone, or mandible, articulates with the temporal bone in the only freely movable joint in the skull.
5. Circle the correct underlined term. The bodice / apophysis process of a typical vertebra forms the rounded, central portion that lies anteriorly in the human vertebral column.
6. The seven bones of the neck are called _____ vertebrae.
 - a. cervical
 - b. lumbar
 - c. spinal
 - d. thoracic
7. The _____ vertebra articulates with the corresponding rib.
 - a. cervical
 - b. lumbar
 - c. spinal
 - d. thoracic
8. The _____, commonly referred to as the breastbone, is a flat bone formed by the fusion of three bones: the manubrium, the body, and the xiphoid process.
 - a. coccyx
 - b. scutum
 - c. sternum
9. Circle True or False. The first seven pairs of ribs are called floating ribs because they have only indirect cartilage attachment to the sternum.
10. A fontanelle:
 - a. is found only in the fetal skull
 - b. is a fibrous membrane
 - c. allows for compression of the skull during birth
 - d. all of the above

Marieb Lab Manual Skeletal System

Elaine N. Marieb, Susan J. Mitchell

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emphasize certain features accordingly *Human Anatomy and Physiology Lab Manual, Fetal Pig Version* Elaine N. Marieb, Susan J. Mitchell, 2007 KET BENEFIT This best selling restructured laboratory manual now includes an entirely new interactive website built specifically for the A P lab course and videos of lab experiments The Human Body An Orientation The Microscope and Its Uses The Cell Histology Basic Tissues of the Body The Integumentary System and Body Membranes The Skeletal System The Muscular System The Nervous System The Endocrine System The Circulatory System The Respiratory System The Digestive System The Urinary System The Reproductive System Development and Heredity Surface Anatomy Dissection Exercises PhysioEx v7.0 Computer Simulations For all readers interested in a laboratory manual for the A P lab course **Human Anatomy Laboratory Manual with Cat Dissections** Elaine Nicpon Marieb, 2001 textformat 02 With 29 exercises covering all body systems a clear engaging writing style and full color illustrations this thoroughly updated edition offers readers everything needed for a successful lab experience For college instructors and students **Human Anatomy & Physiology Laboratory Manual** Elaine Nicpon Marieb, 2009 KEY BENEFIT This best selling restructured laboratory manual now includes an entirely new interactive website built specifically for the A P lab course For the first time MyAandP.com includes Practice Anatomy Lab PAL TM 2.0 and provides 24/7 access to a rich array of anatomy lab specimens practice quizzes and simulated lab practicals gradable pre and post lab exercise quizzes for each of the 46 labs in the Marieb lab manual the new PhysioEx TM 8.0 and videos of lab experiments The Human Body An Orientation The Microscope and Its Uses The Cell Histology Basic Tissues of the Body The Integumentary System and Body Membranes The Skeletal System The Muscular System The Nervous System The Endocrine System The Circulatory System The Respiratory System The Digestive System The Urinary System The Reproductive System Development and Heredity Surface Anatomy PhysioEx TM v7.0 Computer Simulations For all readers interested in a laboratory manual for the A P lab course **Human Anatomy and Physiology** Elaine Nicpon Marieb, Susan J. Mitchell, 2008 KEY BENEFIT This best selling restructured laboratory manual now includes an entirely new interactive website built specifically for the A P lab course For the first time MyAandP.com includes Practice Anatomy Lab PAL 2.0 and provides 24/7 access to a rich array of anatomy lab specimens practice quizzes and simulated lab practicals gradable pre and post lab exercise quizzes for each of the 46 labs in the Marieb lab manual the new PhysioEx 8.0 and videos of lab experiments The Human Body An Orientation The Microscope and Its Uses The Cell Histology Basic Tissues of the Body The Integumentary System and Body Membranes The Skeletal System The Muscular System The Nervous System The Endocrine System The Circulatory System The Respiratory System The Digestive System The Urinary System The Reproductive System Development and Heredity Surface Anatomy PhysioEx v7.0 Computer Simulations For all readers interested in a laboratory manual for the A P lab course **Human Anatomy and Physiology** Elaine Nicpon Marieb, 2005-02 Human Anatomy and Physiology Lab Manual Cat Version is a clearly written and comprehensive lab manual that guides readers through well planned lab activities and feature illustrations and full color

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Massage Therapy Susan G. Salvo,2015-04-13 Covering massage fundamentals techniques and anatomy and physiology Susan Salvo s *Massage Therapy Principles and Practice* 5th Edition brings a whole new meaning to the word comprehensive This student friendly text boasts more than 700 illustrations and expanded sections on neuroscience research and special populations plus new line drawings in the kinesiology chapter of origins and insertions that match the painted skeletons found in most classrooms It makes the essential principles of massage therapy more approachable and prepares you for success in class on licensing and board certification exams and in a wide range of therapeutic practice settings Clear straightforward approach simplifies complex content for easier understanding Complete anatomy and physiology section in addition to material on techniques and foundations gives you all the information you need in just one book Certification Practice Exam on Evolve mimics the major certification exams in format and content builds confidence and helps increase pass rates Over 700 high quality illustrations including line drawings and halftones clarify difficult concepts in vibrant detail Case studies challenge you to think critically and apply your understanding to realistic scenarios foster open mindedness and stimulate dialogue Profile boxes provide an inspirational real world perspective on massage practice from some of the most respected authorities in massage and bodywork Clinical Massage chapter focuses on massage in clinical settings like hospitals nursing homes and medical offices to broaden your career potential Two business chapters loaded with skills to make you more marketable and better prepared for today s competitive job market Video icons refer you to the Evolve site featuring about 120 minutes of video covering techniques routines client interaction sequences and case studies that facilitate the learning process and the practical application of the material Evolve icons listed in each chapter encourage you to go beyond the lecture and reading assignments and learn more on the Evolve site Evolve boxes at the end of each chapter list Chapter Extras found on Evolve that reinforce concepts learned in the chapter NEW Revised line drawing color scheme for origin and insertion matches the painted skeleton found in most classrooms maintains consistency and prevents confusion in learning origin and insertion points on the body NEW Coverage of Thai massage provides up to date content on the most

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