

HOW TO WRITE A COLLEGE APPLICATION ESSAY

By Margaret Metzger

Brookline High School, Massachusetts

Many colleges require a short essay as part of the application process. The directions for the essay vary from college to college. Most colleges offer some variation of the topic, "Tell us more about yourself."

Like most students, you might hate this subject and dread writing the essay. You know that it is a crucial piece of writing and that it must be done, but secretly you hope somehow to avoid the task. Like most tasks, the tension created by procrastinating is worse than the work itself—in this case, just sitting down and writing the essay.

You can use the college essay to strengthen your application. In fact, your essay can be the strongest part, presenting you as a thoughtful, sincere, interesting applicant. You can use the college essay to explain mistakes of the past—failed courses, low SAT® scores, or few extracurricular activities. Best of all, you can demonstrate that you know how to write well, an ability all colleges value.

FIND A TOPIC

Colleges genuinely want to know who you are. Although it is difficult to believe, they do not have an "ideal student" in mind. They want a variety of students. They understand that they can't know everything about you by your grade point average and your SAT scores. They want to know what kind of person you are, what aspirations you have, what struggles you have gone through, what is important to you. They ask you to write an essay about yourself because they want more personal information.

Before you write, think about how you may be different from other applicants. What unusual experience would you bring to the college? What interests, activities, travel, struggles, or situations have had a particular impact on you? You are probably thinking, "Nothing is special about me; I'm just an average kid." That's what most students think. Sometimes it helps to ask other people what they think is unique about you.

If you know exactly what you want to write about, you are lucky. Use that topic. Be sure to consider the traditional, but appropriate and effective, topics, such as academic achievements, extracurricular activities, travel and work experiences, and life-changing events.

Also think of more subtle accomplishments. What kind of student are you? In which class did you learn to think, to study? What do you do with your free time? What have you done for the past two summers? What words would you use to describe your personality? Do you belong to any organizations outside high school? What jobs have you held? What have you learned about organizing your time? Who is your most unusual friend? What magazines, newspapers, columnists, or authors do you like to read? What are some of the failures or disappointments in your life? What kind of plans do you have for the future? Who has been influential in your life? What responsibilities do you have at home? What do you do for other people? What does music (particularly playing or composing) mean to you? How have you changed (besides physically) in the last four years?

How To Write A Paper About Yourself

Mary Spratt, Lynda B. Taylor



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How to Write Better Medical Papers Michael Hanna, 2019-03-20 This book guides medical researchers through all stages of transforming their scientific data and ideas into a published paper Many researchers in medicine including the life sciences and health sciences struggle to get their research written and published Manuscripts are typically rejected and or sent back for revisions several times before ever being published One reason for this is that researchers have not received much instruction in the specific subjects and skills needed to write and publish scientific medical papers research methodology ethics statistics data visualization writing revising and the practicalities of publishing Instead of wasting the reader's time discussing trivialities of punctuation spelling etc this book tackles all the major scientific issues that routinely lead to manuscripts getting rejected from the journals The section Preparing covers the range of methodological ethical and practical aspects that researchers need to address before starting to write their paper The section Analyzing reviews commonplace problems in the statistical analysis and presentation and how to resolve those problems The section Drafting describes what to write in all the various parts of a paper the Introduction Methods Results Discussion Abstract etc The section Revising explains and illustrates how to improve the writing style of any manuscript The section Publishing discusses how to navigate the peer review process and all other practical aspects of the publishing phase This book draws on the author's decade of experience as an independent medical writer and research consultant but it is not written merely as the personal opinion of yet another expert The entire book is grounded in the existing scientific and scholarly literature with extensive references and a lengthy annotated bibliography so readers can quickly obtain more information on any aspect they want Thus this book provides a more evidence based scholarly account of how medical scientific papers should be written in order to improve medical communication and accelerate scientific progress After reading this entire book cover to cover medical researchers will know how to write better quality medical papers and they will be able to publish their work in better journals with less time and struggle This book is essential reading for anyone conducting research in clinical medicine life sciences or health sciences

8 Rules of Love Jay Shetty, 2023-01-31 Instead of presenting love as an ethereal concept or a collection of cliches Jay Shetty lays out specific actionable steps to help you develop the skills to practice and nurture love better than ever before He shares insights on how to win or lose together how to define love and why you don't break in a break up Inspired by Vedic wisdom and modern science he tackles the entire relationship cycle from first dates to moving in together to breaking up and starting over And he shows us how to avoid falling for false promises and unfulfilling partners

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How to Sort Your Self-Esteem James Withey, 2024-11-07 Featuring 40 simple practical and often amusing techniques this book will help strengthen your sense of self worth whether your self esteem impacts you on a daily basis or are experiencing a crisis of confidence for the first time

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Table of Contents How To Write A Paper About Yourself

1. Understanding the eBook How To Write A Paper About Yourself
 - The Rise of Digital Reading How To Write A Paper About Yourself
 - Advantages of eBooks Over Traditional Books
2. Identifying How To Write A Paper About Yourself
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an How To Write A Paper About Yourself
 - User-Friendly Interface
4. Exploring eBook Recommendations from How To Write A Paper About Yourself
 - Personalized Recommendations
 - How To Write A Paper About Yourself User Reviews and Ratings
 - How To Write A Paper About Yourself and Bestseller Lists

5. Accessing How To Write A Paper About Yourself Free and Paid eBooks
 - How To Write A Paper About Yourself Public Domain eBooks
 - How To Write A Paper About Yourself eBook Subscription Services
 - How To Write A Paper About Yourself Budget-Friendly Options
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 - Interactive Elements How To Write A Paper About Yourself
8. Staying Engaged with How To Write A Paper About Yourself
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers How To Write A Paper About Yourself
9. Balancing eBooks and Physical Books How To Write A Paper About Yourself
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection How To Write A Paper About Yourself
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine How To Write A Paper About Yourself
 - Setting Reading Goals How To Write A Paper About Yourself
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of How To Write A Paper About Yourself
 - Fact-Checking eBook Content of How To Write A Paper About Yourself
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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