

Exam 4 Mental Health Study Guide
Heavy on eating disorders!!!

Chapter 11 – Childhood and Neurodevelopment Disorders

- **General interventions with children:**
 - Least restrictive interventions FIRST – apply with all patients but especially with children.
 - # 1 **Play therapy:** processing trauma or negative emotions/events through this.
 - This is how children process adverse events.
 - **Behavioral management strategies:**
 - Used if patient is having any disruptive behaviors in the milieu.
 - **Family therapy:**
 - Very important with children.
 - When caring for a child, we aren't just caring for that child, we care about the whole family dynamics and interactions.
 - **Early intervention programs:**
 - Designed to identify any type of neurodevelopmental disorder as early as possible (ideally in the first 3 years of life).
 - Programs are highly correlated with better patient outcomes.
 - **Last resort – Seclusion and restraints.**
- **Autism Spectrum Disorder (ASD):**
 - **Clinical Picture:**
 - Impairment in **social and language ability**
 - Appears within the first **3 years of life**.
 - Difficulty with **interpersonal (peer) relationships and bonding** d/t having a hard time making a connection with other people.
 - **Repetitive speech**.
 - **Obsessive focus on certain objects**
 - **Over adherence to routines or rituals** – if this is disrupted, it can cause emotional distress.
 - **Hyperreactivity or hypo-reactivity** to sensory input
 - **Resistance to change**.
 - **Treatment:**
 - **Autism-associated agitation:** **2nd gen antipsychotics (risperidone/Risperdal or aripiprazole/Abilify)**. Temper tantrums, aggression, compulsive behavior. S.E: NMS, EPS, TD, weight gain, OHOTN. Teach: slow to move, call HCP: uncontrolled mn movement.
 - **Off label: SSRIs improve mood, reduce anxiety giving tolerance for new situations and social interactions.**

SSRI: Serotonin reuptake inhibitors

Fluoxetine:	<ul style="list-style-type: none"> ▪ Prozac ▪ Sarafem
Sertraline:	<ul style="list-style-type: none"> ▪ Zoloft
Paroxetine:	<ul style="list-style-type: none"> ▪ Paxil ▪ Pexeva ▪ Brisdelle
Fluvoxamine:	<ul style="list-style-type: none"> ▪ Luvox ▪ Faverin
Escitalopram:	<ul style="list-style-type: none"> ▪ Lexapro ▪ SE: Headache, insomnia, drowsiness, suicidal ideations. ▪ Teach: Report suicidal ideations immediately. No alcohol, do not abruptly stop. Do not

Health Study Guide Answers For High School

**Thomas Williams Bicknell,Albert
Edward Winship,Anson Wood Belding**

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Unveiling the Magic of Words: A Overview of "**Health Study Guide Answers For High School**"

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