

**FM 21-11**

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**FIELD MANUAL**

**FIRST AID  
FOR  
SOLDIERS**

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**HEADQUARTERS, DEPARTMENT OF THE ARMY  
JUNE 1976**

# **Military First Aid Manual**

**Department of Defense**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the Department of Defense text.

## **Military First Aid Manual:**

**U.S. Army First Aid Manual** U.S. Department of the Army,2009-11 The United States military s official guide to first

**U.S. Army First Aid Manual for Soldiers** United States. Department of the Army,2004 The official U S Army guide to first aid **Department of the Army's First Aid Manual** Headquarters Department of the Army,2018-06 Because medical personnel will not always be readily available nonmedical Soldiers must rely on themselves and other Soldiers skills and knowledge of first aid methods to render aid until medical assistance arrives First aid is given until medical care provided by medically trained personnel such as a combat medic or other health care provider arrives The individual being provided first aid by self aid buddy aid or combat lifesaver is considered a casualty Once medically trained personnel combat medic paramedic or other health care provider initiates care the casualty is then considered to be a patient Training Circular 4 02 1 provides first aid procedures for nonmedical personnel in environments from home station to combat situations This publication is meant to be used by trainers and individuals being trained based on common first aid tasks Tasks are found in the Soldier s Manual of Common Tasks Warrior Skills Level 1 and appropriate modified tasks from the Soldier s Manual and Trainer s Guide Military Occupational Specialty MOS 68W These tasks are meant to reinforce and maintain proficiency in correct procedures for giving first aid throughout a Soldier s time in Service Training Circular 4 02 1 is designed to facilitate training and first aid competencies by bridging first aid training across the spectrum of assignments from training to permanent duty station and deployment Tactical combat casualty care TC3 is introduced in TC 4 02 1 with first aid tasks and procedures associated with combat situations Individual and multiple first aid tasks in combination with collective tasks may be integrated into various training scenarios *U.S. Army First Aid Manual FM 4-25.11* Department Of The Army,2020-09-18 U S Army First Aid Manual by the Department of the Army is the official guide to treating every type of injury or medical emergency in the field Developed over decades of experience in wars and conflicts all over the world and in every imaginable environmental condition the U S Army First Aid Manual details how to treat wounds fractures insect bites and stings damage to organs head injuries and many more afflictions in an easy to read and understandable format With an emphasis on keeping the injured alive so that they may be transported to a medical facility the guide explains how a person can treat both injuries to oneself and to others so that further damage and physical suffering can be minimized Practically arranged and concisely written the manual is an invaluable reference in any emergency where immediate medical care cannot be found U S Army First Aid Manual is an essential resource for doctors nurses military personnel parents childcare providers doomsday preppers outdoor enthusiasts hikers campers and anyone who would like to better know how to save a life in an emergency situation This edition is printed on premium acid free paper U. S. Army First Aid Manual United States Army,2011-06-23 2017 U S ARMY FIRST AID with interactive app 400 years of experience comes to your hand in this First Aid Manual FREE APP INCLUDED Every fracture every bandage every carry every collapse every accident heat cold

shock psychological difficulties every poison every sting and bite every chemical injury nuclear biological car accident choking collapse heart attack CPR EVERYTHING A hundred videos also included All the most important information is in the print book which should BE KEPT in your car The extra information is in the free app Just point your phone or tablet at the code and the app will open instantly The videos in the app do provide very useful visual directions The CPR video shows exactly where to push and counts out the correct timing Also included is a link to the Special Operations Forces SOF Medical Handbook CHAPTER 1 FUNDAMENTAL CRITERIA FOR FIRST AID Understanding Vital Body Functions for First Aid Adverse Conditions Basics of First Aid Evaluating a Casualty CHAPTER 2 BASIC MEASURES FOR FIRST AID Open the Airway and Restore Breathing Breathing Process Assessment of and Positioning the Casualty Opening the Airway of an Unconscious or not Breathing Casualty Rescue Breathing Artificial Respiration Mouth to Mouth Method Mouth to Nose Method Heartbeat Airway Obstructions Opening the Obstructed Airway Conscious Casualty Opening the Obstructed Airway Casualty Lying Down or Unconscious Section II Stop the Bleeding and Protect the Wound Clothing Field Dressing Manual Pressure Pressure Dressing Digital Pressure Tourniquet Section III Check for Shock and Administer First Aid Measures Causes and Effects Signs and Symptoms of shock First Aid Measures for Shock CHAPTER 3 FIRST AID FOR SPECIFIC INJURIES Head Neck and Facial Injuries General First Aid Measures Chest Wounds First Aid for Chest Abdominal Wounds First Aid for Abdominal Wounds Burn Injuries First Aid for Burns Dressings and Bandages Shoulder Bandage Elbow Bandage Hand Bandage Leg Upper and Lower Bandage Knee Bandage Foot Bandage CHAPTER 4 FIRST AID FOR FRACTURES Kinds of Fractures Signs and Symptoms of Fractures Purposes of Immobilizing Fractures Splints Padding Bandages Slings and Swathes Procedures for Splinting Suspected Fractures Upper Extremity Fractures Lower Extremity Fractures Jaw Collarbone and Shoulder Fractures Spinal Column Fractures Neck Fractures CHAPTER 5 FIRST AID FOR CLIMATIC INJURIES Heat Injuries Cold Injuries CHAPTER 6 FIRST AID FOR BITES AND STINGS Types of Snakes Snakebites Human or Animal Bites Marine Sea Animals Insect Arthropod Bites and Stings First Aid for Bites and Stings FM 4-25. 11 First Aid U. S. US Army, 2018-10-21 First Aid Manual is an Army based field manual that covers First Aid for everyone 1st aid in some scenarios can be a perishable skill This guide is formatted to be a reference point and manual to use under any circumstances of self aid or buddy care Field ready print size with matte cover for durability and performance as a reference guide in any condition Includes First Aid Instruction from Navy NTRP 4 02 1 and Air Force AFMAN 44 163 Perfect to keep around for any scenario that can come up that could be life saving for you or your friends and family This makes a great gift for your tactical or outdoorsman or survivalist This self aid or buddy care manual is great to have multiple copies around on a bookshelf in your rucksack vehicle and anywhere else you can think of should the need arise From simple wound care to traumatic injuries this 1st aid guide can help This Army Field Manual is the answer to all your First Aid needs **U. S. Military First Aid Manual** Department of Defense, 2002-12-23 This manual meets the first aid training needs of individual

service members Because medical personnel will not always be readily available the nonmedical service members must rely heavily on their own skills and knowledge of life sustaining methods to survive on the integrated battlefield This publication outlines both self aid and aid to other service members buddy aid More importantly it emphasizes prompt and effective action in sustaining life and preventing or minimizing further suffering and disability First aid is the emergency care given to the sick injured or wounded before being treated by medical personnel The term first aid can be defined as urgent and immediate lifesaving and other measures which can be performed for casualties by nonmedical personnel when medical personnel are not immediately available Nonmedical service members have received basic first aid training and should remain skilled in the correct procedures for giving first aid This manual is directed to all service members The procedures discussed apply to all types of casualties and the measures described are for use by both male and female service members This publication is in consonance with the following North Atlantic Treaty Organization NATO International Standardization Agreements STANAGs and American British Canadian and Australian Quadripartite Standardization Agreements QSTAGs Medical Training in First Aid Basic Hygiene and Emergency Care First Aid Kits and Emergency Medical Care Kits Medical First Aid and Hygiene Training in NBC Operations First Aid Material for Chemical Injuries When a nonmedical service member comes upon an unconscious or injured service member he must accurately evaluate the casualty to determine the first aid measures needed to prevent further injury or death He should seek medical assistance as soon as possible but he should not interrupt the performance of first aid measures To interrupt the first aid measures may cause more harm than good to the casualty Remember that in a chemical environment the service member should not evaluate the casualty until the casualty has been masked After performing first aid the service member must proceed with the evaluation and continue to monitor the casualty for development of conditions which may require the performance of necessary basic lifesaving measures such as clearing the airway rescue breathing preventing shock and controlling bleeding He should continue to monitor the casualty until relieved by medical personnel Service members may have to depend upon their first aid knowledge and skills to save themselves self aid or other service members buddy aid combat lifesaver They may be able to save a life prevent permanent disability or reduce long periods of hospitalization by knowing WHAT to do WHAT NOT to do and WHEN to seek medical assistance NOTE The prevalence of various body armor systems currently fielded to US service members and those in development for future fielding may present a temporary obstacle to effective evaluation of an injured service member You may have to carefully remove the body armor from the injured service member to complete the evaluation or administer first aid Begin by removing the outer most hard or soft body armor components open unfasten or cut the closures fasteners or straps then remove any successive layers in the same manner Be sure to follow other notes cautions and warnings regarding procedures in contaminated situations and when a broken back or neck is suspected Continue to evaluate

**First Aid - FM 4-25.11 US Army Field Manual (2002 Civilian Reference Edition)** Navy And Air Force Us

Army,2019-12-05 Prepare yourself and brush up on your skills with this unabridged high quality Civilian Reference Edition reissue of the official First Aid US Department of The Army Field Manual FM 4 25 11 2002 release also published as FM 21 11 NTRP 4 02 1 AFMAN 44 163 I This is the latest edition of the US Army First Aid manual **The Official US Army First Aid Guide - Updated Edition - TC 4-02. 1 (FM 4-25. 11 / U. S. Army,2017-08-16** MAKE THE DIFFERENCE BETWEEN LIFE AND DEATH Updated current 2017 edition the indispensable field manual for preppers hunters campers outdoorspeople and more FULL SIZE FORMAT biggest edition available anywhere giant 8 5 x 11 size means large clear print and pictures Created and trusted by U S forces to educate military personnel and save lives from traumatic injury under the most adverse emergency conditions ESSENTIAL PREPAREDNESS for every home business bag cabin RV aircraft and auto Batteries last hours books last decades Get the print edition IMPORTANT unlike most other editions available this is NOT the basic outdated FM 21 11 this is the completely overhauled TC 4 02 1 in a large size 8 5 x 11 format COMPLETE AND UNABRIDGED This edition supersedes the old FM 4 25 11 and older FM 21 11 The fate of the wounded rests in the hands of the ones who apply the first dressing Nicholas Senn 1898 49th President American Medical Association When disaster strikes and medical personnel are not readily available it is the knowledge and behavior of the non medical people present that save lives Use this book to teach yourself and those around you both self aid and aid to others buddy aid Above all this book provides the tools you and your comrades require to promptly and effectively sustain life and minimize suffering and disability This indispensable book is essential preparedness for every home business and vehicle INCLUDES FUNDAMENTALS OF FIRST AID TERMINOLOGY VITAL BODY SYSTEMS GENERAL PRINCIPLES OF FIRST AID COMBAT AND OPERATIONAL STRESS REACTION EVALUATING CASUALTIES OPENING THE AIRWAY AIRWAY OBSTRUCTIONS FIRST AID FOR AN OPEN CHEST WOUND FIRST AID FOR A BLEEDING EXTREMITY FIRST AID FOR BURNS PREVENTING CONTROLLING SHOCK FIRST AID FOR NERVE AGENT INJURY FIRST AID FOR BITES AND STINGS FIRST AID FOR HEAT ILLNESS FIRST AID FOR COLD INJURY RIGID SPLINTS RESCUE BREATHING EXTERNAL CHEST COMPRESSIONS HEAD INJURIES ABDOMINAL INJURIES IMPALEMENT INJURIES USE OF ELASTIC BANDAGES USE OF SLINGS AND SWATHES TREATING A CASUALTY FOR SNAKEBITE TREATMENT FOR ANAPHYLACTIC SHOCK TRANSPORTING CASUALTIES FIRST AID FOR LACERATIONS OF THE EYELID FIRST AID FOR FOREIGN BODIES ON THE EYE FIRST AID FOR EXTRUSIONS OF THE EYE FIRST AID FOR CHEMICAL BURNS OF THE EYE IMPROVED FIRST AID KIT GLOSSARY REFERENCES INDEX Please note this publication replaces the older FM 4 25 11 MCRP 3 02G and provides readers with a more condensed First Aid manual that they can read more quickly and store anywhere due to its lower page count and condensed nature However the older manual is still in use in some quarters and if you prefer a larger First Aid manual please search for ISBN 197460599X The Official US Marine Corps First Aid Handbook and decide which is appropriate for your needs Thank you Search for CARLILE MILITARY LIBRARY to find more TOP FLIGHT SQUARED AWAY

publications for your professional bookshelf Published in the U S A by CARLILE MEDIA Information purposes only *Army Field Manual FM 4-52 (First Aid)* The United States Army,2007 This manual meets the first aid training needs of individual service members Because medical personnel will not always be readily available the non medical service members must rely heavily on their own skills and knowledge of life sustaining methods to survive on the integrated battlefield This publication outlines both self aid and aid to other service members More importantly it emphasizes prompt and effective action in sustaining life and preventing or minimizing further suffering and disability First aid is the emergency care given to the sick injured or wounded before being treated by medical personnel From the Preface Act in a Split Second - First Aid Manual of the US Army U.S. Department of Defense,2017-03-07 This e book thoroughly explains and shows the necessary first aid measures for all types of casualties Whether you are faced with airway obstructions head injury fracture or snakebite this e book will teach you how to help either yourself or others Be prepared to act in a split second and save someone s life Content Fundamental Criteria for First Aid Understanding Vital Body Functions for First Aid Terminology Basics of First Aid Evaluating Causality Basic Measures for First Aid Open the Airway and Restore Breathing Breathing Process Assessment of and Positioning the Casualty Rescue Breathing Artificial Respiration Mouth to Mouth Method Mouth to Nose Method Heartbeat Stop the Bleeding and Protect the Wound Entrance and Exit Wounds Manual Pressure Digital Pressure Tourniquet Check for Shock Causes and Effects Signs and Symptoms Specific Injuries Head Neck and Facial Injuries Chest Wounds Abdominal Wounds Burn Injuries Dressings and Bandages Fractures Signs and Symptoms Splints Padding Bandages Slings and Swathes Upper Extremity Lower Extremity Jaw Collarbone and Shoulder Spinal Column Neck Climatic Injuries Heat Injuries Cold Injuries Bites and Stings Snakes Human or Animal Bites Marine Animals Insects Nuclear Biological and Chemical Environment Classification of Chemical and Biological Agents Conditions for Masking Signs and Symptoms Background Information on Nerve Agents Blister Agents Choking Agents Lung Damaging Agents Cyanogen Blood Agents Incapacitating Agents Toxins Nuclear Detonation Psychological Reactions Situations Requiring Psychological First Aid Respect for Others Feelings Emotional and Physical Disability Combat and Other Operational Stress Reactions Severe Stress or Stress Reaction Reactions and Limitations **U.S. Army First Aid Manual** Department Of The Army,2025-02-13

**The Official US Army First Aid Guide - Updated Pocket Edition** U. S. Army,2017-08-31 MAKE THE DIFFERENCE BETWEEN LIFE AND DEATH Updated current 2017 edition the indispensable field manual for preppers hunters campers outdoorspeople and more POCKET TRAVEL EDITION take it anywhere have it when you need it Created and trusted by U S forces to educate military personnel and save lives from traumatic injury under the most adverse emergency conditions ESSENTIAL PREPAREDNESS for every home business bag cabin RV aircraft and auto Batteries last hours books last decades Get the print edition IMPORTANT unlike most other editions available this is NOT the basic outdated FM 21 11 this is the completely overhauled TC 4 02 1 in a pocket size 5 25 x 8 format COMPLETE AND UNABRIDGED This edition supersedes

the old FM 4 25 11 and older FM 21 11 The fate of the wounded rests in the hands of the ones who apply the first dressing Nicholas Senn 1898 49th President American Medical Association When disaster strikes and medical personnel are not readily available it is the knowledge and behavior of the non medical people present that save lives Use this book to teach yourself and those around you both self aid and aid to others buddy aid Above all this book provides the tools you and your comrades require to promptly and effectively sustain life and minimize suffering and disability This indispensable book is essential preparedness for every home business and vehicle INCLUDES FUNDAMENTALS OF FIRST AID TERMINOLOGY VITAL BODY SYSTEMS GENERAL PRINCIPLES OF FIRST AID COMBAT AND OPERATIONAL STRESS REACTION EVALUATING CASUALTIES OPENING THE AIRWAY AIRWAY OBSTRUCTIONS FIRST AID FOR AN OPEN CHEST WOUND FIRST AID FOR A BLEEDING EXTREMITY FIRST AID FOR BURNS PREVENTING CONTROLLING SHOCK FIRST AID FOR NERVE AGENT INJURY FIRST AID FOR BITES AND STINGS FIRST AID FOR HEAT ILLNESS FIRST AID FOR COLD INJURY RIGID SPLINTS RESCUE BREATHING EXTERNAL CHEST COMPRESSIONS HEAD INJURIES ABDOMINAL INJURIES IMPALEMENT INJURIES USE OF ELASTIC BANDAGES USE OF SLINGS AND SWATHES TREATING A CASUALTY FOR SNAKEBITE TREATMENT FOR ANAPHYLACTIC SHOCK TRANSPORTING CASUALTIES FIRST AID FOR LACERATIONS OF THE EYELID FIRST AID FOR FOREIGN BODIES ON THE EYE FIRST AID FOR EXTRUSIONS OF THE EYE FIRST AID FOR CHEMICAL BURNS OF THE EYE IMPROVED FIRST AID KIT GLOSSARY REFERENCES INDEX Please note this publication replaces the older FM 4 25 11 MCRP 3 02G and provides readers with a more condensed First Aid manual that they can read more quickly and store anywhere due to its lower page count and condensed nature However the older manual is still in use in some quarters and if you prefer a larger First Aid manual please search for ISBN 197460599X The Official US Marine Corps First Aid Handbook and decide which is appropriate for your needs Thank you Search for CARLILE MILITARY LIBRARY to find more TOP FLIGHT SQUARED AWAY publications for your professional bookshelf Published in the U S A by CARLILE MEDIA Information purposes only *U. S. Army First Aid Manual* U. S. Army, 2019-09-08 BEWARE Many other sellers online are selling the Obsolete FM 4 25 11 Edition This is the updated official 2016 TC 4 02 1 which contains more pages and updated information First Aid may be the difference between life and death This self aid or buddy aid manual is great to have multiple copies around on a bookshelf in your rucksack vehicle From simple wound care to traumatic injuries this 1st aid guide can help This Army Field Manual is the answer to all your First Aid needs The printed U S Army First Aid Manual is in the 8 5 x 11 inch format The book contains 121 pages The book is created trusted and battle tested by the US Armed Forces It should be part of every bug out bag and vehicle and used by preppers hunters climbers campers outdoorspeople hikers and anyone looking to survive natural or man made disasters Contents of the Army First Aid Manual include Fundamentals of First Aid Evaluating a Casualty Open Airway Bleeding Control Burn Treatment Bites and Stings Heat Illness Cold Injury Fractures and Splining Rescue Breathing CPR Head Injuries Abdominal Injuries Shock Eye Injuries



Much Much More BUY YOUR COPY TODAY      *FM 4-25.11 First Aid*: US Army,2025-02-13      First Aid Manual Department of the Army,Department of the Navy,Department of the Air Force,2023-12-29 The First Aid Manual stands as a comprehensive anthology meticulously crafted by the Department of the Army Navy and Air Force This essential collection seamlessly weaves together principles of emergency response presenting a wide array of guidelines that range from handling minor injuries to managing critical situations The manual s breadth captures the complexity of medical emergencies while providing readers with immediate accessible strategies Its pages offer a robust framework for both novices and experienced first responders underscoring the significance of preparation and knowledge in preserving life The contributing departments represent a diverse confluence of military expertise where each branch imparts its unique perspective on crucial medical interventions Drawing upon historical and contemporary practices the manual aligns with key humanitarian and survivalist movements This synergy of knowledge from distinct backgrounds enriches the thematic core of the collection highlighting both shared objectives and varied techniques As authoritative figures in crisis management the departments offer insights that reflect both the gravity and necessity of skilled first aid This anthology is an invaluable resource for anyone seeking to empower themselves with the knowledge to act in emergencies It presents an unparalleled opportunity to explore and understand the multiplicity of strategies applicable across different scenarios making it not just a manual but an educational cornerstone on first aid practices By engaging with this collection readers can appreciate the dialogues between military disciplines gaining both practical skills and a deeper appreciation of collaborative emergency preparedness efforts In this enriched edition we have carefully created added value for your reading experience A succinct Introduction situates the work s timeless appeal and themes The Synopsis outlines the central plot highlighting key developments without spoiling critical twists A detailed Historical Context immerses you in the era s events and influences that shaped the writing An Author Biography reveals milestones in the author s life illuminating the personal insights behind the text A thorough Analysis dissects symbols motifs and character arcs to unearth underlying meanings Reflection questions prompt you to engage personally with the work s messages connecting them to modern life Hand picked Memorable Quotes shine a spotlight on moments of literary brilliance Interactive footnotes clarify unusual references historical allusions and archaic phrases for an effortless more informed read      **Military Instructors Manual** J. P. Cole,2021-01-01 This book so condenses and systematizes general military instruction and the work done at Plattsburg so that it may be easily utilized in training other troops No broad claim for originality is made except in the arrangement of all available material the bibliography makes acknowledgment to all texts so utilized Besides bringing helpful reminders to new officers regarding the elements of modern warfare much of the material will be found of radical importance as it is practically new and never before condensed Introduction      *First Aid - FM 4-25.11 US Army Field Manual (2002 Civilian Reference Edition)* ,2024-12-11      **Military Instructors Manual** James Perry Cole,Oliver Schoonmaker,1917      **Improvised Weapons and Munitions - The Official**

**U.S. Army Manual** U.S. Department of the Army, 2022-11-13 In *Improvised Weapons and Munitions* The Official U S Army Manual the U S Department of the Army presents a meticulous and comprehensive guide that delves into the development and utilization of improvised weaponry in various conflict scenarios Employing a straightforward instructional literary style the manual merges practical engineering with tactical knowledge drawing upon a wealth of historical contexts where resourcefulness and innovation have been paramount in warfare It addresses technical specifications safety protocols and potential applications demonstrating how ordinary materials can be transformed into effective tools of defense or offense underpinning the necessity of creativity in combat situations The U S Department of the Army known for producing critical military literature draws from decades of military innovation and field experience to produce this manual The complex nature of modern warfare characterized by asymmetric threats and resource scarcity has heightened the importance of improvised tactics motivating the Department to provide soldiers with the best methods for survival and efficacy in unpredictable encounters *Improvised Weapons and Munitions* is an essential read for military personnel historians and anyone interested in the evolution of warfare tactics Its instructional approach not only prepares readers for practical applications but also provides insight into broader themes of ingenuity and adaptability in the face of adversity

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