



The following records were obtained by Equity Forward on July 7, 2023, in response to a public records request made to the Minnesota Department of Health on May 24, 2023.

Questions and comments about these records can be sent to info@equityfwd.org.

Positive Alternatives Grantee Reporting Full

Response was completed on 08/12/2022 4:38pm.

Record ID 67

Grantee Information

Please select your organization from the dropdown list below.

Positive Alternatives Grantee List for 2021-2025

* must provide value

Pregnancy Options LifeCare Center

City

* must provide value

Faribault

Contact Person Name

* must provide value

Gina Little

Email

* must provide value

gina@pregnancyoptionsfbo.org

Phone Number

* must provide value

(507) 332-7644

Reporting Dates

What reporting period are you submitting for?

* must provide value

- 2021 October through December
- 2022 January through June
- 2022 July through December
- 2023 January through June
- 2023 July through December
- 2024 January through June
- 2024 July through December
- 2025 January through June
- 2025 July through December

Reporting Timelines

Reporting Period	Report Due Date
January - June 2022	July 20th, 2022
April - December 2022	January 20th, 2023
January - June 2023	July 20th, 2023
April - December 2023	January 20, 2024
January - June 2024	July 20th, 2024
April - December 2024	January 20, 2025
January - June 2025	July 20th, 2025
April - December 2025	January 20, 2026

Demographics

Positive Alternatives Demographic Reporting Instructions

- Enter data for each new client who qualifies for participation in the Positive Alternatives program. (Eligible clients are women residing in Minnesota who are pregnant or who are parenting an infant 12 months old or younger. Father/partners of the pregnant or parenting client are also eligible for services as are legal guardians/grandparents of the infant.)
- If your organization is not able to collect information requested, enter those individuals in the "unknown" category.
- For "Client Pregnancy Status", if the client is entering the program parenting an infant 12 months old or younger, check "Postpartum". When pregnancy status is unidentified, please check "Pregnancy Status Unknown." If the client is a father or grandparent, please check "Other."
- Please check your math. Each line should add up to the same total.

Age	17 and under	18-19	20-24	25-29	30-34	35+	Age Unknown	Total
Count	1	2	6	11	11	7	0	38

Pregnancy Status	1st Trimester	2nd Trimester	3rd Trimester	Postpartum	Negative Pregnancy Test	Pregnancy Status Unknown	Other (Father or Grandparent)	Total
Count	7	5	5	19	2	0	0	38

Marital Status	Married	Not Married	Marital Status Unknown	Total
Count	18	20	0	38

Race	White	African American	African African	American Indian	Asian Pacific	Other/Multi Race	Unknown Race	Total
Count	29	1	7	0	0	1	0	38

Ethnicity	Hispanic	Not Hispanic	Ethnicity Unknown	Total
Count	20	18	0	38

Client Type	Mother	Father	Grandparent	Other	Total
Count	37	0	0	1	38

Demographics Section Check

Congrats! All of the totals in your demographic tables currently match. If you go back and make any changes, please ensure that they still match.

Administration and Outreach

Administrative Activities	
Hiring, training, volunteer coordination, staff assessment and all administrative duties	
Program Description	Hiring, training, volunteer coordination, staff assessment, and all administrative duties.
Progress and Accomplishments	We have a new volunteer receptionist who completed the training process. We have two additional volunteers taking training to cover the front desk. Both client service staff completed their employee reviews.

Outreach	
Advertising and publicity ventures, community education and contact activities, efforts at increasing capacity, creating community partnerships	
Program Description	Advertising and publicity ventures, community education and contact activities, efforts at increasing capacity, creating community partnerships.
Progress and Accomplishments	We continue to be in the community at events and where our presence is requested. We were in two community events speaking to our community partners on the services we provide.

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Necessary Service Assessment and Provision

It is a Positive Alternatives Program requirement that all participants are provided "Necessary Services to all Clients - information on, referral to and assistance with securing necessary services." Therefore, every client served in any activity must be provided necessary services counseling. For Report Count enter the total of the number of new clients you encountered during the reporting period.

The activity "Provide Necessary Services Assessments Only" to clients who do not receive any other grant-funded program service is available for organizations to count clients for whom they provide the necessary services intake assessment, but do not enroll in any of the other grant funded activities listed on their Work Plan. This might happen if a woman comes in and receives the necessary services assessment. If she chooses not to enroll in any of the Positive Alternative funded activities the organization offers, an Individual Demographic Report form will be filled out on her, and she would be counted in this activity. The service provided in this activity is the administration of the MDH Necessary Services Intake Assessment Only.

Necessary Services Assessment Only	
Provide Necessary Services assessments and referrals to clients who do not receive any other grant-funded program service	
Work Plan Count	2
Progress and Accomplishments	We continue to provide services to all who come in to the center and present them with resources to assist in any way we can.
Report Count	3

Necessary Services to all Clients	
Staff provides clients necessary services assessment and information on necessary services with referral to and assistance with securing all necessary services	
Work Plan Count	35
Progress and Accomplishments	We assess every client that comes into the center to provide them with necessary services they need and refer them to appropriate resources. We connect at every appointment to reassess their needs.
Report Count	35

Additional Programs and Work Plan Activities

Selecting Activities/Programs

1. Choose the listed Activities/Programs on your approved Template Update Program Report from the list of additional programs and work plan activities below. Descriptions of the activities are listed below.
2. Include all activities/program activities listed on your program template even if you had no program activity for the reporting period. List "0" in the Report Count and document the reason for inactivity in this program area.
3. If you have a question about how to enter an Activity or Service, contact Mary Ottman at mary.ottman@state.mn.us. Please only use the activities and program listed on page 6, The Description of Programs and Activities List of Work Plan Activities.

Please indicate all of the work plan activities that your organization funds with Positive Alternatives grant money. Further descriptions are below.

- Adoption Program
- Car Seat Program - Education and Distribution
- Case Management Services
- Child Care Assistance
- Crib Distribution - Safe Sleep Education
- Doula Support
- Education Assistance
- Employment Assistance
- Fatherhood Programs
- Financial Assistance
- Hotline
- Housing Assistance
- Interpreter Services
- Lactation Education
- Life Coaching
- Life Skills Education Program
- Material Support (not including items offered as incentives)
- Mental Health

- Mentoring Program
- Nutrition
- Parenting Education
- Pregnancy Education
- Pregnancy Testing
- Prenatal Medical Care
- Smoking Cessation Education/Assistance
- STD/STI Testing (for grant eligible clients)
- Transportation Assistance
- Ultrasound

Descriptions of Programs and Activities

Administrative Activities

Hiring, training, volunteer coordination, staff assessment and all administrative duties

Outreach

Advertising and publicity ventures, community education and contact activities, efforts at increasing capacity, creating community partnerships

Adoption Program

Licensed adoption program, adoption education/referral

Car Seat Program - Education and Distribution

Car seat safety education, car seat installation, car seat distribution

Case Management Services

Case assessment, referral and follow-up visit with clients

Child Care Assistance

Voucher programs, on-site provision, or planning for regular childcare with return to work/school

Crib Distribution - Sleep Safety Education

Safe sleep education and crib/portable crib distribution

Doula Support

Client assistance with securing doula services for mentorship and education during pregnancy, birth and parenting an infant

Education Assistance

GED courses/trainings, education planning, workstations, as well as English as a second language (ESL)

Employment Assistance

Provide resources for career planning, or workstations for skill building and finding employment

Fatherhood Programs

Mentoring/life coaching and/ or pregnancy/parenting educational programming, healthy relationship building

Financial Assistance

Financial assistance and/or assistance with applications to secure financial assistance from other agencies

Hotline

Information lines, 24-hour answering services

Housing Assistance

Providing housing (residential programs) or assistance with finding housing

Interpreter Services

Interpretation is a budgeted item or normally provided by staff (not when clients bring their own interpreters to appointments)

Lactation Education

Client assistance with preparing for and providing ongoing breastfeeding support for infants after delivery with a trained lactation consultant

Life Coaching

Ongoing support and goal setting provided by a licensed Life Coach

Life Skills Education Program

Educational programs that have components specifically about building life skills such as budgeting, cooking, apartment searching, relationship building

Material Support (This does not include items offered as incentives)

Providing baby and maternity clothing, diapers, layettes, baby equipment or furniture items not offered as incentives

Mental Health

Referrals for mental health assessment and/or services, referrals for or assistance with treatment programs or providing licensed therapy

Mentoring Program
Ongoing support and follow up for clients provided by client advocates or trained staff
Nutrition
Nutrition education programs, providing prenatal vitamins, folic acid and/or food gift cards/food shelf items
Parenting Education
In-house programs, parenting events or classroom-based programs that are specifically about becoming a better parent
Pregnancy Education
In-house programs, parenting events or classroom-based programs that are specifically about wellness care/education throughout pregnancy
Pregnancy Testing
Pregnancy testing provided by a nurse or client advocate
Prenatal Medical Care
Prenatal medical care for clients including prenatal visits and follow-up
Smoking Cessation Education/Assistance
Assessment and on-going assistance/support or referral using an evidence based smoking cessation program
Transportation Assistance
Providing gas cards, taxi or bus vouchers, transportation for participants to and/or from classes, referral for transportation services
STD/STI Testing (for grant eligible clients)
Services provided to STI clients who are PA grant eligible including intake, testing, medication, and counseling
Ultrasound
Services provided to ultrasound clients (including assessment, intake, counseling)

Additional Activities/Programs Instructions

For the activities and programs on subsequent pages, you will be asked to provide the information below.

- 1. Program Name:** If your organization has a unique name for the program please provide it.
- 2. Program Description:** Provide a brief description of the programs goals and activities.
- 3. Program Staff:** Specify what team(s) or department(s) within your organization are assigned to this program.
- 4. Work Plan Count:** Give the number of individuals you predicted would receive this service when submitting your workplan.
- 5. Progress and Accomplishments:** Provide a brief description of the accomplishments of the activity or service provided during the reporting period. Give enough detail so that it can be distinguished from your other programs and someone reading it for the first time would understand what service is being provided to participants. If the service is part of a larger program, please include the program title in the details.
- 6. Report Count:** Give the total number of services provided for each participant served per reporting period.

NOTE: Many programs serve one participant multiple times in a reporting period. If this is the case, describe the Report Count based on the number of times the service will be provided in a reporting period. For example, if you provide parenting education each month to 5 participants, 5 x 6 months (months in a reporting period) = 30; put 30 in the Report Count. Other programs, by their nature serve a participant once. Examples of these are providing an ultrasound or providing financial assistance. In these cases, the Report Count will be how many individuals received the service in the reporting period.

Car Seat Program - Education and Distribution

Car Seat Program - Education and Distribution	
Car seat safety education, car seat installation, car seat distribution	
Program Name	Car Seat Program
Program Description	Car Seat safety education, car seat installation, car seat distribution
Program Staff	Client Service Advocates

Work Plan Count	25
Progress and Accomplishments	We offer education on car seat safety and if available provide car seats if needed.
Report Count	1

Crib Distribution - Sleep Safety Education

Crib Distribution - Safe Sleep Education	
Safe sleep education and crib/portable crib distribution	
Program Name	
Program Description	Safe sleep education, crib/portable crib distribution
Program Staff	Client service advocates
Work Plan Count	25
Progress and Accomplishments	We continue to work with Cradles of Hope to provide a safe place for babies and educate clients on safe sleep techniques.
Report Count	6

Fatherhood Programs

Fatherhood Programs	
Mentoring/life coaching and/ or pregnancy/parenting educational programming, healthy relationship building	
Program Name	
Program Description	Mentoring and pregnancy/parenting educational programming.
Program Staff	Client service advocates
Work Plan Count	10
Progress and Accomplishments	We have not had any fathers wanting to participate. We are looking to rething how this is offered.

	How this is offered.
Report Count	0

Material Support (This does not include items offered as incentive)

Material Support (not including items offered as incentives)	
Providing baby and maternity clothing, diapers, layettes, baby equipment or furniture items not offered as incentives	
Program Name	
Program Description	Providing baby and maternity clothing, diapers, layettes, baby equipment
Program Staff	Client service advocates
Work Plan Count	50
Progress and Accomplishments	We continue to provide a wide range of material items to all of thos in need. Every appointment we provide diaper and allow them to choose clothing, wipes, hygiene and equipment.
Report Count	71

Parenting Education

Parenting Education	
In-house programs, parenting events or classroom-based programs that are specifically about becoming a better parent	
Program Name	
Program Description	Earn While You Learn, Bright Course, education on--infant care, development, discipline, happiest baby--finding appropriate childcare
Program Staff	Client service advocates
Work Plan Count	50

Progress and Accomplishments	We continue to work with clients educating them in many different topics. We desire for parents to be the best parent they can be.
Report Count	85

Pregnancy Education

Pregnancy Education	
In-house programs, parenting events or classroom-based programs that are specifically about wellness care/education throughout pregnancy	
Program Name	
Program Description	Earn While You Learn, Bright Course, education on prenatal development and care, childbirth education, alcohol/drug/smoking cessation assistance, prenatal nutrition.
Program Staff	Client Service Advocates
Work Plan Count	35
Progress and Accomplishments	We offer our expecting clients pregnancy care, fetal development, labor and delivery and infant care education to better prepare them.
Report Count	23

Pregnancy Testing

Pregnancy Testing	
Pregnancy testing provided by a nurse or client advocate	
Program Name	
Program Description	Providing free of charge pregnancy testing including assessment of program eligibility of all clients.
Program Staff	Client Service advocates
Work Plan Count	35
Progress and Accomplishments	We continue to spread the word about our pregnancy testing and provide it to those who come in looking for that service

Report Count	6

Ultrasound

Ultrasound	
Services provided to ultrasound clients (including assessment, intake, counseling)	
Program Name	
Program Description	Provide limited obstetrical ultrasound using collaboration until we are equipped with our own resource.
Program Staff	Medical Professionals
Work Plan Count	5
Progress and Accomplishments	We are not providing ultrasounds in the center at this time. We continue to collaborate with our medical director.
Report Count	2

Maternal and Child Health Initiative Task Force Strategies

In addition to program data collection, Positive Alternatives grantees are highly encouraged to collect data on the six key Task Force Strategies listed below.

In this section, you can re-count work plan activities that have already been reported on previous pages.

Maternal and Child Health Initiative Task Force Strategies	Count
Number of people who received car seats AND car seat safety education from a PA funded program activity	4
Number of people who received car seat safety education ONLY from a PA funded program activity	1
Number of people who received child abuse prevention education from a PA funded program activity	0
Number of people who received abusive head trauma (shaken baby) prevention education from a PA funded program activity	2
Number of people who received a baby bed, crib, or pack-n-play AND safe sleep education from a PA funded program activity	14
Number of people who received safe sleep education ONLY from a PA funded program activity	2

Summary

If your report counts fall below 10% of your actual projected work plan, please list key challenges and/or rationale for lower than anticipated report counts under challenges you have encountered this reporting period.

Add any additional notes or follow up if needed under additional comments.

Please describe any challenges you have encountered in this reporting period.

We continue to see a lower number of clients. Weather plays a role in our clients attendance. Our community opened a new food shelf and are handing out free diapers which the Somali clientele prefer to get them from there then to come for education on parenting and receive them.

Please provide any additional comments.

We continue to move forward with all our programming and projects. New volunteers are helping.

Client Totals (new and unduplicated)

38

Total Client Services Provided (includes total of all grant funded services provided to all current clients, but excludes task force strategies)

232

Submission

By submitting the form below, I certify that all information provided is true and accurate.

Digital Signature

Gina Little

Form Status

Complete?

Complete ▼